

Twelve Steps and their Biblical Comparisons

1. We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable. (Romans 7:18)
2. We came to believe that a power greater than ourselves could restore us to sanity. (Philippians 2:13)
3. We made a decision to turn our wills and our lives over to the care of God. (Romans 12:1)
4. We made a searching and fearless moral inventory of ourselves. (Lamentations 3:40)
5. We admitted to God, to ourselves and to another human being the exact nature of our wrongs. (James 5:16)
6. We were entirely ready to have God remove all these defects of character. (James 4:10)
7. We humbly asked Him to remove all our shortcomings. (1 John 1:9)
8. We made a list of all the persons we had harmed and became willing to make amends to them all. (Luke 6:31)
9. We made direct amends to such people whenever possible, except when to do so would injure them or others. (Matthew 5:23-24)
10. We continued to take personal inventory and when we were wrong, promptly admit it. (1 Corinthians 10:12)
11. We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry it out. (Colossians 3:16)
12. Having had a spiritual experience as the result of these steps, we tried to carry this message to others and to practice these principles in all our affairs. (Galatians 6:1)