

The Celebrate Recovery curriculum is based on the following eight principles that come from Jesus' Beatitudes in Matthew 5:3-10 and the Christ-centered twelve steps.

## **Eight Principles Based on the Beatitudes**

By Pastor Rick Warren

The word **RECOVERY** is the foundation for the following acrostic and the eight principles we encourage participants to commit to.

- 1. Realize** I'm not God. I admit that I am powerless to control my tendencies to do the wrong thing and that my life is unmanageable. "Happy are those who know they are spiritually poor."
- 2. Earnestly** believe that God exists, that I matter to Him, and that He has the power to help me recover. "Happy are those who mourn, for they shall be comforted."
- 3. Consciously** choose to commit all my life and will to Christ's care and control. "Happy are the meek."
- 4. Openly** examine and confess my faults to myself, to God, and to someone I trust. "Happy are the pure in heart."
- 5. Voluntarily** submit to every change God wants to make in my life and humbly ask him to remove my character defects. "Happy are those whose greatest desire is to do what God requires."
- 6. Evaluate** all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others. "Happy are the merciful. Happy are the peacemakers."
- 7. Reserve** a daily time with God for self-examination, bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.
- 8. Yield** myself to God to be used to bring this good news to others, both by my example and by my words. "Happy are those who are persecuted because they do what God requires."